

GENDER INCONGRUENCE & NEURODIVERSITY

Vi er stolte av å presentere ledende internasjonale fageksperter til en samtale kjønnsinkongruens og nevromangfold (autisme) hos barn og unge. Vi vil se på hva jusen, forskningen og internasjonale forskningsbaserte helseveiledere sier om sammenhengen mellom kjønnsidentitet og nevromangfold, og hva som er god helsehjelp.

Scott Leibowitz er barne- og ungdomspsykiater fra Ohio, som har ledet arbeidet med anbefalingene knyttet til omsorg for kjønnsinkongruente ungdom i den internasjonale standard-veilederen for kjønnselhelseomsorg (SOC-8, utgitt 2022). Professor Gary Butler er barne-endokrinolog og forsker, han har vært ledende i utvikling av faglige retningslinjer i Storbritania. James Byrne er psykoterapeut og grunnlegger av helsesenteret Rainbow Minds i Irland, som fokuserer på nevromangfold og LHBTQ+. Lene Løvdal vil sette diskusjonen inn i et norsk juridisk og menneskerettslig perspektiv og Vesle Krey vil bidra med en omfattende sammenfatning av forskning og statistikk som har konkludert med at nevrodvergens og kjønnsdiversitet har en gjensidig kobling til hverandre.

13. MAI

08:00 - 17:00

TREKANTEN

PILESTREDET 24



Helsestasjon for
Kjønn og Seksualitet



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&
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13
MAI
2024

TREKANTEN

PILESTREDET

24

08:00-08:30	Doors open - Coffee and light snack
08:30-09:00	Welcome and introduction to the day
09:00-09:45	Lene Løvdal - Unge transpersoners rettigheter og helsevesenets plikter - Juridisk gjennomgang (NO)
15 min	Break
10:00 - 10:45	Vesle Krey - Hvordan forstå autisme? Faglig forankrede brukerperspektiver (NO)
15 min	Break
11:00-12:00	James Byrne - Empowering Identity: Strategies for Therapeutic Engagement with Transgender and Neurodiverse Youth
12:00-12:30	Lunch
12:30 - 13:15	Scott Leibowitz - Today's 'Generation' of Youth: Understanding the Ethics & Evidence Behind the International Standards of Care
15 min	Break
13:30-14:15	Scott Leibowitz - continued
15 min	Break
14:30-15:30	Gary Butler - Supporting Gender-diverse Youth: What we know and don't know
15 min	Break
15:45-16:45	Panel discussion
16:45-17:00	Summary and closing remarks



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Lene Løvdal er jurist med spesialisering i diskrimineringsrett og menneskerettigheter, og er sensor og veileder i disse fagene på juridisk fakultet ved UiO. Hun har jobbet mye med transpersoners rettigheter, blant annet som juridisk rådgiver i LLH (nå Fri), fagansvarlig for LHBTIQ+ hos Likestillings- og diskrimineringsombudet, og som forfatter av Karnovs lovkommentar til lov om endring av juridisk kjønn. Hun er nå styreleder og fagansvarlig jurist i et relativt nytt kompetansesenter på juss og sosial bærekraft, Egalia – senter for diskriminering.

Hun har nå gjort en kartlegging for PKI om hvilke rettigheter personer med kjønnsinkongruens har i møte med helsevesenet, og hvilke plikter helsevesenet har når det gjelder behandling av pasienter med kjønnsinkongruens. I dette foredraget får dere en innføring i de viktigste funnene hun har gjort.



GENDER INCONGRUENCE & NEURODIVERSITY

James Byrne is a specialist psychotherapist focusing on supporting individuals, families and adolescents. James specialises in working with Neurodiverse and Transgender youth and their families. As the founder and clinical director of Rainbow Minds Centre in Ireland, James leads a service that supports LGBTQ+ and Neurodiverse communities, emphasising the intersection between these identities.

His journey into mental health care began with training as a nurse, which instilled in him a deep empathy and understanding that have become hallmarks of his approach to therapy. James's early career involved meaningful work in homeless and addiction services, experiences that enriched his perspective on the multifaceted nature of mental health challenges. This foundational work inspired him to further his expertise in psychotherapy.

With a commitment to lifelong learning, James has pursued specialist training in queer and neurodiverse mental health, as well as complex trauma. His approach to therapy is characterised by a sincere desire to understand and support the unique experiences of each individual he works with. James is deeply interested in the interplay between gender and neurodiversity, and he strives to promote a sense of autonomy and reduce stigma for the people he serves. This has led to James developing a comprehensive training programme for therapists in Gender Sexuality and Relationship Diversity launching this year. In addition to his clinical work, James is preparing to share his insights more broadly through his upcoming book, "Unravelling the Rainbow: A Guide for Parents of LGBT Youth."

James's work is driven by a belief in the power of empathy, understanding, and specialised support to make a real difference in people's lives. While significant, his contributions to the field are part of a more considerable collective effort to create a more inclusive and compassionate world for the neurodiverse and LGBTQ communities.



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Scott Leibowitz, MD is a child & adolescent psychiatrist, Medical Director of Behavioral Health Services for the THRIVE Gender Development Program at Nationwide Children's Hospital in Columbus, OH, and Associate Clinical Professor of Psychiatry at the Ohio State University College of Medicine. He completed his undergraduate studies at Cornell University, graduating in 2000 with a double major in Human Development and Human Biology, Health and Society. He subsequently obtained his medical degree in Tel Aviv, Israel at the Sackler School of Medicine, American Program.

After finishing his adult psychiatry residency at Long Island Jewish Medical Center in Queens, NY, where he was chief resident, he then moved to Boston for child and adolescent psychiatry fellowship training at Boston Children's Hospital and Harvard Medical School. There, he first began working with transgender youth at the hospital's multidisciplinary Gender Management Service in 2008, which was the first clinic of its kind in the United States. He is the co-lead for the Adolescent chapter for the World Professional Association of Transgender Health's (WPATH) Standard of Care 8th version and was elected to WPATH's Board of Directors in 2022.

He is the curriculum co-chair for the WPATH Global Education Institute, where he has led trainings both nationally and internationally including in Israel, Japan, and Vietnam. He led the Sexual Orientation Gender Identity Issues Committee for the American Academy of Child and Adolescent Psychiatry as co-chairperson from 2013-2021 and was lead author for its conversion therapy policy statement. He also served as an expert witness in 2016 for the United States Department of Justice in its legal action against North Carolina for its anti-transgender HB2 bill, among other federal cases that ruled in favor of transgender youths' rights.



GENDER INCONGRUENCE & NEURODIVERSITY

Professor **Gary Butler** is a Consultant in Paediatric & Adolescent Medicine and Endocrinology at University College Hospital in London and holds an Honorary Personal Chair in Child and Adolescent Health at the UCL Great Ormond Street Institute of Child Health.

He qualified at St Thomas's Hospital Medical School in London, and after junior positions in paediatrics, he trained in paediatric endocrinology in Edinburgh. After working in Wales, Leeds and Reading he returned to London and established an adolescent endocrine service at UCLH focused on disorders of puberty with specialist clinics for gonadotropin deficiency, Klinefelter syndrome, and growth disorders.

He is the clinical endocrine lead for the adolescent gender identity development service in England and Wales taking a lead in developing standards of care for transgender children and adolescents in the UK and internationally. His research programmes include growth hormone safety, Klinefelter syndrome, male hypogonadism and fertility, gender incongruence and the development of the immune system during puberty. In 2020 Professor Butler was given the Outstanding Clinician Award by the European Society for Paediatric Endocrinology recognising his significant clinical, research and educational contributions to the practice of paediatric endocrinology especially in the development of support for young people with gender incongruence. This highly prestigious award is the highest award for a paediatrician principally in clinical practice.



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Vesle Krey (hen/hen) er en ikke-binær autist og utdannet barnevernspedagog med mastergrad i komparativt sosialt arbeid med fordypning i kjønnssteori og skeiv teori, som for tiden tar videreutdanning i sexologi. Vesle har vært med på å stifte NevroMomentum, en kunnskapsportal som søker å øke kunnskapsnivået og kompetansen her i Norge på nevroddivergens, og hen jobber blant annet med rådgivning av nevroddivergente mennesker som har problemstillinger rundt temaer som identitet, kjønn, seksuell orientering, maskering og ND-burnout. Vesle er også aktiv i den offentlige debatten rundt nevroddivergens og kjønnsdiversitet.

Foredrag: Grunnleggende introduksjon til nevromangfold og paradigmeskiftet vi befinner oss i vedrørende forståelsen av nevroddivergens som naturlige nevrologiske variasjoner i arten vår, og sammenfatning av forskning og statistikk som har konkludert med at nevroddivergens og kjønnsdiversitet har en gjensidig kobling til hverandre.



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